

Sacramento Book Review



Below is a clipping of your book review that appeared in the January 09 issue of the *Sacramento Book Review*. Thank you for sending us the book.

Love Junkie

By Rachel Resnick

Bloomsbury, \$24.00, 256 pages

Stepping outside of the destructive cycle that her personal life has been, in order to see the entire thing more clearly, Resnick discovers a bit of extreme truth when it comes to modern day love: It can turn itself into an all-consuming form of self-mutilation. Telling her most intimate, and sometimes even her most numb, moments, she realizes, as does the reader, that a string of actions may have seemed completely rational and unavoidable when first encountered, however once looked back upon can seem foolish and rash.



Writing with sheer honesty and obviously coming to revelations about herself as she wrote it, Resnick has given us a look into a situation that almost everyone can relate to: a love-life that is at the same time disturbing, pathetic, empowering, and inspirational. *Love Junkie* is the type of truth that sticks with you, and will stick with generations to come.