

Sacramento Book Review



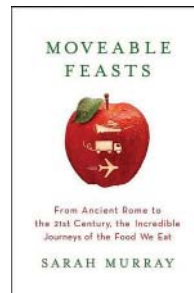
Below is a clipping of your book review that appeared in the January 09 issue of the *Sacramento Book Review*. Thank you for sending us the book.

Moveable Feasts

By Sarah Murray

Picador, \$16.00, 320 pages

One of the rallying cries in the localvore movement is that shipping food out of the area its grown increases the carbon cost of the meal, due to the transportation; usually the image of out-of-season tomatoes or fruits being air freighted in from the Southern Hemisphere is used. However, food has been shipped great lengths for many centuries, from rare delicacies and staples being shipped from all corners of the Roman empire to the capitol city, to the invention of the barrel that allowed meats to be salted and shipped across the



oceans. *Moveable Feasts* is a collection of essays about food and its travels, told in an engaging style, great for the foodie, history buff or traveler. Banana boats, grain elevators, the tin can, the barrel and the clipper ship all make an appearance.

After you read this, you'll be well armed to argue with your neighborhood localvore that eating local isn't the natural way; people have always craved the strange and exotic foods from far way.