

Sacramento Book Review



Below is a clipping of your book review that appeared in the January 09 issue of the *Sacramento Book Review*. Thank you for sending us the book.

Puff

By Martha Holmberg

Chronicle Books, \$19.95, 144 pages

There are more things to do with puff pastry than one may think. Whether frozen or homemade, pastry shells may be one of the more overlooked, versatile ingredients in the chef's arsenal. *Puff* has 50 recipes (including two pastry versions) separated in three sections: Appetizers and Snacks, First Courses and Main Dishes, and of course Desserts, Cookies, and Sweet Pastries. None of the recipes themselves are difficult (except maybe for making dough from scratch, and with frozen dough available that's not a stumbling block), and some are surprisingly original in interesting ways (Smoky-sweet Chorizo Pockets). There are a number of "tarts," and the most interesting ones were to be found in the first courses and main dishes (the Saffron-scented Seafood Tart as an example). This isn't a cookbook you'd use on a daily basis, but you may find yourself flipping through it once a week, looking for something with the right amount of crunch.

