

# Sacramento Book Review



Below is a clipping of your book review that appeared in the January 09 issue of the *Sacramento Book Review*. Thank you for sending us the book.

## **The Tea Drinker's Handbook**

*By François-Xavier Delmas; Mathias Minet; Christine Barbaste*  
Abbeville Press, \$29.99, 240 pages

For a drink that is as widely consumed as tea, it has never really received the same attention and acclaim as coffee or wine. Delmas is the founder of Le Palais des Thés, a retail chain of tea stores in France, Brussels, and elsewhere, that elevates tea to a level long deserved. *The Tea Drinker's Handbook* is a distillation of Delmas and Minet's experience, shown in pictures and words, of the life cycle of tea, the people involved at all levels of production, and techniques for tasting and enjoying the most popular hot beverage in the world. In addition, they have also collected what they consider to be the fifty best teas produced, and include tasting notes, much like wine, and preparation instructions. The production value of the book is top notch, the text is easy to read, informative, and not overly technical. The photographs are spectacular. All in all, a great book for a tea lover.

