

# Sacramento Book Review



Below is a clipping of your book review that appeared in the January 09 issue of the *Sacramento Book Review*. Thank you for sending us the book.

## What's Your Red Rubber Ball?

By Kevin Carroll

ESPN Books, \$19.99, 74 pages

Using the metaphor of a schoolyard red rubber ball, Kevin Carroll has inspired thousands of people to find and chase their dreams. His first book, *Rules of the Red Rubber Ball* was aimed at the adults he's worked with either as an athletic trainer or as a motivational speaker. *What's*

*Your Red Rubber*

*Ball?* is aimed

middle- and high

school-aged kids,

to help them find

the dream they

want to chase for

the rest of their

lives. A combina-

tion of workbook,

journal, and project

guide, it is designed

to keep that age group

interested and

involved. There are

things to cut out, to

make, to read, and

to write. And, plenty

of encouragement

to do them. Children

in that tween and

teen age sometime

have a hard time

finding things to

motivate themselves

in school. *What's*

*Your Red Rubber*

*Ball?* may provide

the encouragement

they need, to see

beyond their here-

and-now problems

and find something

they can dream for.

